

CALIBRE male medical enhancement is a painless 1-hour, in-clinic procedure designed to increase penis girth. Results are immediate, long lasting and reversible

## POST PROCEDURE ADVICE

### **Whilst there are minimal complications, you should expect:**

- Some bruising and tenderness – this varies a lot from patient to patient. Bruising will often become more apparent a day or 2 after the procedure.
- There is some initial malleability to the product. This can be of benefit in allowing you to gently smooth out any small irregularities. If you want to move product further towards the head, or the base, then you will be able to massage it somewhat in that direction, but please don't overdo it. The dermal filler will integrate with penile tissue after 1 week, so abnormal placement will need to be dissolved and re-injected.
- During the injection we need to be careful to not place too much product towards the head of the penis, especially in uncircumcised men. If you notice excessive product around the head, please try to gently massage this back around the shaft.
- Avoid sex or manual satisfaction for 24hrs. It may be a little tender – let him have the day off. No unprotected anal sex for 1 week. Wash your penis after sex for the first week and at least twice a day for that week with the pre-op wash provided.
- Dermal fillers may interact negatively with Vitamin E, anti-inflammatory drugs, St John's Wort and aspirin, possibly causing bleeding and bruising. Do not take those before, during and after CALIBRE treatment.
- You may drive immediately after treatment and no time off work is required.
- If you suspect any infection - redness, pain, discharge - then call and speak to one of our doctors as soon as possible.

It takes a couple weeks for our dermal fillers to stabilise, absorb water and look its best. For this reason, we ask you to come back for a follow-up consultation 2-4 weeks after treatment. If more product is required to ensure even coverage, this can be injected during your follow-up consultation.